

Lining your kitchen pail

For convenience and cleanliness you may choose to use a liner for your kitchen pail, but it's not required for participation in the program.

Reuse newspaper or flyers

You can make a kitchen pail liner from sheets of newspaper or flyers. Find step-by-step instructions on how to fold a newspaper for a perfect fit at cuinc.ca.

Purchase compostable bags

If you choose to use bags, make sure they are compostable. Compostable bags are available at CUI, grocery, drug and home improvement stores, usually in the same aisle as garbage bags. For a list of certified compostable brands and retailers, visit cuinc.ca.

Look for the logo

Do not use a plastic bag or bags marketed as "biodegradable" to line your kitchen pail because they will not break down during the composting process and they will contaminate the finished compost.

Compostable bags will have one of these logos on the box.



More tips for keeping your kitchen pail and green cart clean

- Your kitchen pail is dishwasher safe. Place it in the dishwasher or hand wash.
- Sprinkle baking soda in your kitchen pail and green cart to minimize odour.
- Add a layer of crumpled paper (i.e. newspaper) at the bottom of your cart during the winter to keep materials and compostable bags from freezing and sticking to the inside of the cart.



Why your apple core is too good to waste

When food and yard waste is buried in the landfill, it doesn't turn into soil, compost or anything useful because there's no oxygen. Instead, as it breaks down it releases nasty stuff like liquid leachate and methane, a strong greenhouse gas which contributes to climate change.

Fortunately, there is a better way. By composting this material, it will break down into a nutrient-rich compost that can improve soil.



Curbside Composting Green Cart



Everything you need to know about CUI's Curbside Composting Service

Getting help is easy:

Visit: cuinc.ca

Phone: 403-207-7284

Twitter: @CUI_Uilities

Facebook: CUINCdotca

GREEN CART



Everything you need to know

More than 5,500 homes in Chestermere will now put their food and yard waste into a green cart for curbside collection. By using your green cart you are turning this material into nutrient-rich compost and reducing the amount of waste going to our landfills.

What you are receiving:

- A green cart for your food and yard waste.
- A kitchen pail for collecting food waste.
- A sample compostable bag to line your kitchen pail.

Your new collection schedule:

- Green carts (food and yard waste) are collected **weekly** from May 1 to October 31. **Once every two weeks** from November 1 to April 30.
- Blue carts (recycling) are collected **weekly**.
- Carts must be placed curbside for collection by 7 a.m. on your designated collection day (see website for collection days).

Since food and yard waste makes up more than half of your household garbage, using your green cart will help you cut down your garbage significantly.

Visit cuinc.ca for your curbside collection schedule.

Yes! All these items go into your green cart.

Plate scrapings Scrape your plate into the kitchen pail at the end of a meal.



Bread, noodles, rice, beans, grains



Eggshells & dairy products



Fruits and vegetables



Meat, fish, bones, shellfish

Coffee filters, tea bags

Jams, sauces, salad dressings and cooking oil

Paper plates, napkins



Kitty litter & pet waste (collected in a compostable or paper bag)



Branches and prunings
Should be smaller than 1 metre (3 ft.) and 15 cm (6") in diameter, and placed inside either the green cart or a paper yard waste bag, or bundled separately with non-plastic string.



Yard Waste



Grass clippings and sod

CUI encourages you to leave your grass clippings on the lawn. Clippings will quickly decompose, returning valuable nutrients to the soil. Leaving the clippings on the lawn saves you time and is less work than placing them in the green cart.



No! These items should NOT go in your green cart.
XXXXXXXXXX



No plastic bags Only use certified compostable bags, sheets of old newspaper or flyers, or paper bags to line your kitchen pail.



No diapers or wipes or sanitary items

Put these items in your **garbage**.

No foam cups, food containers or packaging

Put these items in your **garbage**.



No single-serve coffee, tea pods



Put these items in your **garbage**

No plastic containers

Clean these items and put them in your **blue cart**.



No medical waste

Dispose of safely in your garbage. Properly package needles in a puncture resistant, non-breakable, sealed container & labelled "sharps".



Four simple steps to collect your food waste.



1. To keep your kitchen pail clean, put a compostable bag or a newspaper liner inside the kitchen pail. Place the pail in a convenient location in your kitchen.



2. Toss all your food waste into the kitchen pail.



3. When your kitchen pail is full, tie off the compostable bag and put it into your green cart along with any yard waste.



4. Place your green cart out for collection by 7 a.m. on your collection day.

Visit cuinc.ca for your curbside collection schedule.